Return to Workplace Activities Sheet (RTW-As)

What are RTW-As?

They are activities that resident doctors can engage in to refresh their clinical knowledge and skills and will usually be done in the persons workplace.

Which RTW-As should I do?

Pick the activities that will address your biggest concerns.

Is funding available for RTW-As?

RTW-As will usually take place during a resident doctors enhanced shadowing period which has separate funding from SuppoRTT for eligible resident doctors. Funding may also come through KIT/SPLIT days (see 'Funding guidance').

This list serves mainly as a trigger for your own ideas

Clinical procedures & skills

- Observe/direct supervision
- Areas with higher turnover of procedure/skill – e.g., phlebotomy clinic for venepuncture
- Clinical skills lab/ training equipment - part task practice

management

- 1:1 session with senior colleagues – emergency scenarios
- Simulation/VR including low fidelity simulation

Specialist skills

- Shadowing appropriate person who undertakes a specific skill

Equipment training/updates

- Utilise nursing educators
- E-Learning/training videos
- Refreshers with colleagues

Out of Hours

- Shadow bleep holder/supervised take

Clinics

- Reduced lists
- Shadowing Consultant
- Dedicated time for case review before or after clinic

Daily routines

- Shadow ward rounds, handovers, reviews and/or MDT