

## ACCS Regional Training Program 2025-26 (ACCS YEAR 1)

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Date	Title	Program Content		Host	Contacts
<b>Aug 8 2025</b>	ACCS-1 Induction	<b>Regional Induction</b> Getting Started Introduction to the ACCS Program.	<b>Virtual</b>	The Training Program Team	Dr Rajesh Vasiraju EM TPD Dr Kamal Patel AM TPD Dr Lynda Menadue Anaes TPD Dr Nina Walton Anaes TPD
<b>05 Sep 2025</b>	SLO 1 and SLO2	Assessment of <b>Cardiology and Respiratory</b> common presentations including chest pain, breathlessness, Palpitations, haemoptysis, Transient loss of consciousness with a focus on: History taking, Differential diagnosis, Investigative decisions, Guidelines, Communication with other teams, Discharge planning, and Safety netting.	Virtual	Lister Hospital, Stevenage	Dr Elizabeth Turner, EM College Tutor Lister Hospital
<b>3 Oct 2025</b>	SLO4	Major Trauma: Imaging decisions/pitfalls/guidelines (NICE guidelines, etc) The Trauma Team, A to E assessment, head and spinal injuries, pelvic injuries, compartment syndrome, Burns (thermal, chemical, Electrical),	<b>F2F</b>	<b>Split-site:</b> <b>2 departments</b> <b>Split-site:</b> Broomfield Hospital, Chelmsford & Norfolk and Norwich	Dr Stephen Hughes, EM College Tutor Broomfield Hospital & Dr Franciose Sheppard, EM College Tutor N&N Hospital
<b>7 Nov 2025</b>	SLO 4	Management of Common Minor Injuries with a focus on upper limb (fractures and soft tissue injuries) and lower limb. Imaging decisions/pitfalls/guidelines e.g. scaphoid fracture, colles fracture, Hand examination, NOF, ), Infection - paronychia, pulp space, flexor sheath, nail bed, amputations,	Virtual	Addenbrooke's Hospital, Cambridge	Dr Dhakshini Sathasivam, EM College Tutor, ADH Dr Sarah Hazleman, EM College Tutor, ADH

<b>5 Dec 2025</b>	SLO 1 and SLO2	<p>Assessment of <b>gastro (medical &amp; surgical)</b> common presentations including Abdominal and loin pain, Abdominal swelling or mass, Ascites, Constipation, Diarrhoea, Haematemesis and melaena, Jaundice, Anal pain and rectal bleeding, Nausea and vomiting, Dysphagia with a focus on: History taking, Differential diagnosis, Investigative decisions, Guidelines, Communication with other teams, Discharge planning, Safety netting</p> <p>Example conditions include: Alcohol-related liver disease including withdrawal, Decompensated cirrhosis, Functional bowel disorders, Gastrointestinal infections, Hepatitis, Inflammatory bowel disease, Peptic ulcer disease, Ano-rectal abscesses, Appendicitis, Biliary colic, Bowel obstruction, Breast abscess, Cholangitis, Cholecystitis, Diverticular disease, Haemorrhoid disease, Hernias, Ischaemic Bowel, Lower gastrointestinal and rectal bleeding, Pancreatitis, Viscus perforation, Volvulus.</p>	Virtual	Queen Elizabeth Hospital, King's Lynn	Dr Jolene Rosario, EM College Tutor, Kings Lynn
<b>9 Jan 2026</b>	SLO 1 and SLO2	<p>Assessment of <b>Neurology</b> common presentations include acute confusion Headache Seizures/status epilepticus Speech disturbance, Hemiparesis/hemiplegia Gait abnormality, Visual disturbance, Weakness/paralysis, Dizziness, and vertigo with a focus on: History taking, Differential diagnosis, Investigative decisions, Guidelines, Communication with other teams, Discharge planning, Safety netting.</p> <p>Example conditions include: Botulism, Cerebral venous sinus thrombosis, Functional illness, Guillain-Barre, Meningitis and encephalitis, Multiple sclerosis, Myasthenia gravis, Parkinson's disease, and other movement disorders, Peripheral neuropathy (acute), Subarachnoid haemorrhage, Stroke and transient ischemic attack (TIA), Tetanus, Tumours involving the brain and spinal cord, Ventriculoperitoneal (VP) Shunts</p>	Virtual	Colchester Hospital	Dr Daniel Stanciu, EM College Tutor, Colchester
<b>6 Feb 2026</b>	Mental health & Toxicology	<p>Example conditions include overdose of prescription and non-prescription medications including legal and non-legal drugs, Poisoning – carbon monoxide, cyanide, organo-phosphate, Toxidromes, Use of antidotes, Aggressive or disturbed behaviour, Anxiety/panic, Physical symptoms unexplained by organic disease, Self-harm, Refusal of treatment, Managing the agitated or violent patient including the legal framework, Safeguarding vulnerable patients</p>	Virtual	Basildon Hospital	Dr Lokesh Narayanaswamy EM College Tutor, Basildon

<b>6 Mar 2026</b>	SLO 1 and SLO2	<p>Assessment of <b>Nephrology and endocrinology</b> common presentations including electrolyte disorders, Oliguria, Addisonian crisis, Hyperglycaemia &amp; Hypoglycaemia with a focus on: History taking, Differential diagnosis, Investigative decisions, Guidelines, Communication with other teams, Discharge planning, Safety netting.</p> <p>Example conditions include: ABG interpretation, Acute kidney injury, Drugs and the kidney, Electrolyte disorders, Fluid balance disorders, Renal replacement therapy, adrenal disorders, Diabetic ketoacidosis, Diabetes mellitus, and complications, including diabetic foot, Hyperosmolar hyperglycaemic state, Pituitary disorders, Thyroid emergencies</p>	Virtual	Princess Alexandra Hospital, Harlow	Dr Kashif Ijaz Malik EM Specialty Tutor Harlow
<b>10 Apr 2026</b>	SLO 10	The role of clinical evidence in practice, The principles of critical appraisal, Data protection, and sharing information	Virtual	Ipswich Hospital & Southend Hospital	Dr Alex Newman, EM College Tutor, Ipswich Hospital & Dr Ajantha Kurukulasuriya, EM College Tutor, Southend
<b>01 May 2026</b>	SLO 11	The principles of audit, Introduction to the quality improvement project, Managing complaints, Serious incidents, Writing a police statement	Virtual	Watford General Hospital	Dr Gavin Wilson, EM College Tutor, Watford
<b>5 Jun 2026</b>	<b>QIP presentation day</b>	<p>ACCS year 1 and 2 meet together to present QIPs</p> <p><b>Combined Day</b></p>	<b>Virtual</b>	Luton and Dunstable Hospital	QIP TPD Dr Hemavathi Muniswamy
<b>3 July 2026</b>	<b>Trainee Celebration Day</b>	ACCS 1& 2 and ST3 Trainees meet together to share learning and celebrate the end of the year.	<b>F2F</b>	Bedford Hospital	Dr Richard Austin, EM College Tutor, Bedford