**East Anglia Foundation School**

**Individual Placement Description**

**Ipswich Hospital NHS Trust**

All information to be completed by the Foundation School.

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| **Placement** | F2 psychiatry |
| **The department** | Psychiatric services on the Ipswich Hospital site are provided at the Woodlands unit by Norfolk and Suffolk NHS Foundation Trust along with community mental health services which are mostly located off-site. The Woodlands unit houses four mental health wards, shared therapy services and two crisis/home treatment teams. The department of old age psychiatry includes six consultants, four career grade psychiatrists and there are placements for 4 trainees (this post, a CT1-3 trainee and two ST4-6 trainees). One of the consultants and one ST4-6 trainee are based full time on Willows Ward, the assessment ward for older people. |
| **The type of work to expect and learning opportunities** | Mostly ward work on an older people’s mental health assessment ward, but with opportunities for community visits with the later life crisis team and/or to attend ECT treatment sessions. FY2 trainees are invited to attend and to take part in the postgraduate teaching sessions based at the Woodlands. They will be required to take part in a daytime and out of hours (3 tier) duty rota covering acute assessments of patients of all ages with mental health problems.  During this placement the FY2 trainee will have the opportunity to learn and develop the following skills:   * Taking a psychiatric history * Mental state examination * Cognitive testing * Assessment of capacity * Assessment and management of suicidal risk * Communication skills * Safe and appropriate prescribing of psychotropic medication * Multidisciplinary team working   The trainee will also be able to develop their knowledge of:   * The full range of mental disorders occurring in adults of all ages * Complex ethical and legal issues including use of the Mental Health Act and Mental Capacity Act * End of life issues * The interface between physical and mental health * The place and practice of ECT in the treatment of severe depression |
| **Where the placement is based** | Willows Ward, Woodlands Unit, Ipswich Hospital |
| **Clinical Supervisor(s) for the placement** | Dr Laura Head  (and Dr Stephen Tucker from mid 2012) |
| **Main duties of the placement** | These include admitting, assessing and monitoring the physical and mental health of older patients with both functional and organic mental health problems admitted to Willows Ward. The trainee will be expected to take particular responsibility together with the other doctors in the team for ensuring that physical examinations and investigations are carried out appropriately and followed up if necessary and for ensuring that a relevant and accurate medical record is kept. In conjunction with the consultant and senior trainee the FY2 trainee will participate in multidisciplinary case conferences and help to formulate and carry out treatment plans. |
| **Typical working pattern in this placement** | Typical working pattern in this post :  Mon:      9.15 ward round                14.00 case conference  Tues:     09.00 ward work and supervision OR ECT                14.00 case conference  Wed:     9.15 ward round                13.00 FY2 teaching                14.00 departmental teaching  Thurs:     09.00 ward work (clinical meetings 2x monthly)                 14.00 case conference  Fri:          09.15 ward round and case conference                 13.00 ward work OR visit with crisis team  Sat:         None unless on call  Sun:        None unless on call  *On call requirements:* this works out as approximately   * 1 twilight shift per week (17.00-21.00) * 1 daytime “liaison” shift per week (available to carry out assessments in general hospital) * 1 weekend per month (09.00 to 21.00 Saturday and Sunday) |
| **Employer Information** | The employer for this post is Norfolk and Suffolk NHS Foundation Trust (NSFT).  NSFT was formed in January 2012 when the Suffolk mental health trust merged with the existing foundation trust in Norfolk. The Trust provides mental health and learning disability services for the whole of Norfolk and Suffolk and Trust Headquarters are at Hellesdon Hospital, Norwich.  The Woodlands Unit is a purpose built acute mental health unit opened in 2011 on the same site as the Ipswich Hospital – a busy district general hospital. The Woodlands provides all acute adult inpatient beds (except forensic and learning disability beds) for East Suffolk, covering a similar catchment area to the Ipswich Hospital. |

It is important to note that this description is a typical example of your placement and may be subject to change.