

Regional ICM teaching Jan 2025-Dec 2028

(Please note that the topics outlined for each of the sessions are as a guide for the facilitators; finalised programmes will be circulated closer to the event.)
(2-year rolling programme)

Date	Topic	Host	Notes
11 Mar 25	FFICM Topics	Ipswich Face to face	Organiser: Dr Anil Kambli Email: anil.kambli@nhs.net Enrol: https://heeo.ebridgeapp.com/learner/training/f97c2951/sessions/13043/enroll
14th Mar 25	Obstetrics <ul style="list-style-type: none"> Physiological changes in pregnancy including physiology of labour Peripartum emergencies: Major obstetric haemorrhage, pre-eclampsia / eclampsia, sepsis, amniotic fluid embolism 	NNUH Virtual	Organiser: Dr Jemma Looker Email: JEMMA.LOOKER@nnuh.nhs.uk Enrol: https://heeo.ebridgeapp.com/learner/training/11a3298a/sessions/13057/enroll
20th May 25	Transplant/GI/Liver <ul style="list-style-type: none"> Acute liver failure Chronic liver failure & critical care admission & support Liver transplant – indications, post-operative care Intestinal failure Management of UGI bleed Severe acute pancreatitis 	JVF, CUH	Organiser: Dr Stephen Ford Email: stephen.ford6@nhs.net Enrol: https://heeo.ebridgeapp.com/learner/training/06ccbad3/sessions/13176/enroll



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1st July 25	Simulation 1	Colchester Face to Face	Organiser: Dr Stephen Cole Email: Stephen.cole@esneft.nhs.uk Enrol: https://heeo.ebridgeapp.com/learner/training/3795471b/sessions/12682/enroll
16th July 25	Paediatrics <ul style="list-style-type: none"> Physiological differences between children and adults + implications Paediatric emergencies – top 5 – DGH management Referral & transfer to PICU Ethical considerations in PICU 	PICU, CUH Virtual	Organiser: Dr Shruti Agrawal Email: shruti.agrawal1@nhs.net Enrol: https://heeo.ebridgeapp.com/learner/training/eab5cfa8/sessions/13025/enroll
14th Oct 25	Specialist Cardiac <ul style="list-style-type: none"> Advanced haemodynamic and cardiac output assessment (Echo, PAC) – with clinical examples and correlation Management of Pulmonary HTN, including impact on critical illness Valvular Heart Disease – diagnosis, management, tertiary referral, considerations for surgery (emergency & elective) Mechanical assist devices to support circulation Post-operative critical care following major cardiac surgery including transplant Management of the cardiac transplant patient in the district general ICU 	RPH Virtual	Organiser: Dr Jagan Murugachandran Email: jagan.murugachandran@nhs.net Enrol: HERE
28th Nov 25	Infection <ul style="list-style-type: none"> Common presenting infections to ICU Nosocomial infections Immunosuppression & impact on critical illness Infections in the immunocompromised host 	PCH Virtual	Organiser: Dr Henry Nash Email: henry.nash@nhs.net Enrol: HERE





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	<ul style="list-style-type: none"> • Interpretation of common microbiological tests: central line infections, CSF, Peritoneal analysis • Antibiotic resistance • Antimicrobial treatment of common infections • Sepsis – recognition / management / evidence based guidelines (care bundles / early goal directed therapy) 		
14th Jan 26	Perioperative Medicine in ICU & Surgical Patients in ICU <ul style="list-style-type: none"> • Risk stratification / indications for postoperative critical care admission • CPEX • Peri-operative management of the high risk surgical patient ▪ Lower GI / Upper GI • NELA • ICU Management of Burns • Postoperative Management of Major surgical patients 	Broomfield Hospital Virtual	Organiser: Dr Thomas Medici Email: thomas.medici1@nhs.net Enrol: HERE
27th Feb 26	FFICM Topics	Lister Face to Face	Organiser: Dr Anil Kambli Email: anil.kambli@nhs.net Enrol: HERE
March/ April 26	General ICU <ul style="list-style-type: none"> • Identifying the critically ill patient: • Who will benefit – ethical considerations, limitation of care/TEPS, DNAR • Predictors of critical illness & scoring systems • Outreach vs MET • Management of shock • Post cardiac arrest syndrome & Prognostication following 	Bedford Virtual	Organiser: Dr Abhay Vaidya Email: Abhay.Vaidya@bedfordhospital.nhs.uk Enrol:



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	<ul style="list-style-type: none"> cardiac arrest Principles of nutrition in the critically ill patient Fluid therapy in ICU Pain, agitation & delirium Prevention of stress ulceration Care bundles in intensive care – VAP, Stressulcer, VTE End of life care <ul style="list-style-type: none"> Palliative care within ICU Organ Donation Brainstem death testing Coroner's inquest 		
15th May 26	Neuro & Trauma <ul style="list-style-type: none"> Management of traumatic brain injury SAH Medical neurology requiring specialist critical care Stroke & Critical Care Neuroimaging Trauma Severity Assessment & Major Trauma pathways Recognition & management of spinal cord injury Major incidents & management of mass casualties 	NCCU, CUH Virtual	Organiser: Dr Virginia Newcombe Email: Virginia.newcombe@nhs.net Enrol: HERE
Sept 26	Simulation 2	Colchester Face to Face	Organiser: Dr Stephen Cole Email: Stephen.cole@esneft.nhs.uk Enrol:
Oct 2026	Medicine & ICU <ul style="list-style-type: none"> Electrolyte disturbances in the ICU Thyroid emergencies & critical care Management of DKA / HONK Haematological malignancy & critical care Rhabdomyolysis Renal disease presenting to ICU Recognition / assessment / management AKI RRT in critical care – modes / evidence base Overdose & poisoning – principles of management / management of specific poisons Rheumatological presentations to the critical care unit.	West Suffolk Virtual	Organiser: Dr Claire Malcolm Email: claire.malcolm@wsh.nhs.uk Enrol:



Nov/ Dec 26	Education / Research / QI <ul style="list-style-type: none"> Statistics, RCTs and principles of research Consent, duty of care, mental capacity and the Mental Health Act. Anatomy of a real lifesituation in ED LEAN in healthcare. Implementing and sustaining QI. 	James Paget Virtual	Organiser: Dr James Garvey Email: james.garvey@jpaget.nhs.uk Enrol:
Jan/ Feb 27	Obstetrics <ul style="list-style-type: none"> Physiological changes in pregnancy including physiology of labour Peripartum emergencies: Major obstetric haemorrhage, pre-eclampsia / eclampsia, sepsis, amniotic fluid embolism	NNUH Virtual	Organiser: Dr Jemma Looker Email: JEMMA.LOOKER@nnuh.nhs.uk Enrol:
March/ April 27	FFICM Topics	Ipswich Face to face	Organiser: Dr Paul Mallett Email: Paul.Mallett2@nhs.net Enrol:
May 27	Transplant/GI/Liver <ul style="list-style-type: none"> Acute liver failure Chronic liver failure & critical care admission & support Liver transplant – indications, post-operative care Intestinal failure Management of UGI bleed Severe acute pancreatitis	JVF, CUH	Organiser: Dr Stephen Ford Email: stephen.ford1@addenbrookes.nhs.uk Enrol:
June/ July 27	Paediatrics <ul style="list-style-type: none"> Physiological differences between children and adults + implications Paediatric emergencies – top 5 – DGH management 	PICU, CUH Virtual	Organiser: Dr Shruti Agrawal Email: Shruti.agrawal@addenbrookes.nhs.uk Enrol:



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	<ul style="list-style-type: none"> Referral & transfer to PICU Ethical considerations in PICU 		
Sept 27	Simulation 1	Colchester Face to Face	Organiser: Dr Stephen Cole Email: Stephen.cole@esneft.nhs.uk Enrol:
Oct 27	Specialist Cardiac <ul style="list-style-type: none"> Advanced haemodynamic and cardiac output assessment (Echo, PAC) – with clinical examples and correlation Management of Pulmonary HTN, including impact on critical illness Valvular Heart Disease – diagnosis, management, tertiary referral, considerations for surgery (emergency & elective) Mechanical assist devices to support circulation Post-operative critical care following major cardiac surgery including transplant Management of the cardiac transplant patient in the district general ICU	RPH Virtual	Organiser: Dr Jagan Murugachandran Email: jagan.murugachandran@nhs.net Enrol:
Nov/ Dec 27	Infection <ul style="list-style-type: none"> Common presenting infections to ICU Nosocomial infections Immunosuppression & impact on critical illness Infections in the immunocompromised host Interpretation of common microbiological tests: central line infections, CSF, Peritoneal analysis Antibiotic resistance Antimicrobial treatment of common infections Sepsis – recognition / management / evidence based guidelines (care bundles / early goal directed therapy)	PCH Virtual	Organiser: Dr Henry Nash Email: henry.nash@nhs.net Enrol:
Jan 28	Perioperative Medicine in ICU & Surgical Patients in ICU <ul style="list-style-type: none"> Risk stratification / indications for postoperative critical care admission 	Broomfield Hospital Virtual	Organiser: Dr Aung Lwin Email: Aung.Lwin2@meht.nhs.uk



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	<ul style="list-style-type: none"> CPEX Peri-operative management of the high risksurgical patient Lower GI / Upper GI NELA ICU Management of Burns <p>Postoperative Management of Major surgicalpatients</p>		Enrol:
Feb 28	FFICM Topics	Lister Face to Face	<p>Organiser: Dr Anil Kambli Email: anil.kambli@nhs.net</p> <p>Enrol:</p>
March/ April 28	<p>General ICU</p> <ul style="list-style-type: none"> Identifying the critically ill patient: <ul style="list-style-type: none"> Who will benefit – ethical considerations, limitation of care/TEPS, DNAR Predictors of critical illness & scoringsystems Outreach vs MET Management of shock Post cardiac arrest syndrome & Prognostication following cardiac arrest Principles of nutrition in the critically illpatient Fluid therapy in ICU Pain, agitation & delirium Prevention of stress ulceration Care bundles in intensive care – VAP, Stressulcer, VTE End of life care <ul style="list-style-type: none"> Palliative care within ICU Organ Donation Brainstem death testing Coroner's inquest 	Bedford Virtual	<p>Organiser: Dr Abhay Vaidya Email: Abhay.Vaidya@bedfordhospital.nhs.uk</p> <p>Enrol:</p>
May/ June 28	<p>Neuro & Trauma</p> <ul style="list-style-type: none"> Management of traumatic brain injury SAH Medical neurology requiring specialist criticalcare Stroke & Critical Care Neuroimaging Trauma Severity Assessment & MajorTrauma pathways Recognition & management of spinal cordinjury 	NCCU, CUH Virtual	<p>Organiser: Dr Virginia Newcombe Email: Virginia.newcombe@nhs.net</p> <p>Enrol:</p>



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	Major incidents & management of mass casualties		
Sept 28	Simulation 2	Colchester Face to Face	Organiser: Dr Stephen Cole Email: Stephen.cole@esneft.nhs.uk Enrol:
Oct 2028	Medicine & ICU <ul style="list-style-type: none"> • Electrolyte disturbances in the ICU • Thyroid emergencies & critical care • Management of DKA / HONK • Haematological malignancy & critical care • Rhabdomyolysis • Renal disease presenting to ICU • Recognition / assessment / management AKI • RRT in critical care – modes / evidence base • Overdose & poisoning – principles of management / management of specific poisons Rheumatological presentations to the critical care unit.	West Suffolk Virtual	Organiser: Dr Claire Malcolm Email: claire.malcolm@wsh.nhs.uk Enrol:
Nov/ Dec 28	Education / Research / QI <ul style="list-style-type: none"> • Statistics, RCTs and principles of research • Consent, duty of care, mental capacity and the Mental Health Act. Anatomy of a real life situation in ED LEAN in healthcare. Implementing and sustaining QI.	James Paget Virtual	Organiser: Dr James Garvey Email: james.garvey@jpaget.nhs.uk Enrol: